

C.I.T. Counselor-in-Training Program

(Peterborough YMCA)

Cost	Members	Non-Members
2 weeks + placement	\$165.00	\$210.00

Ages: 12 to 16 years of age

Hours: 8:30am-4:30pm Before and after hours not available for this camp

Location: YMCA of Peterborough Board Room

Training:

July 13th-July 24th Training Session

This training is an exciting opportunity for teens to learn positive skills that can be utilized in the community, babysitting or becoming a future camp counselor. This dynamic course includes a variety of fun presentation techniques, inspirational speakers, hands on experience and exciting group seminars and discussion. This is a 2 week training session preparing counselors for an additional week of hands on experience in our camps.



Placement

1 week of volunteer placement at our Summer Camps. Placement will be decided in co-operation with the instructor and the CIT.

Over Night Camping

CIT's will have the ultimate camping experience overnight at Beavermead Park. Cooking over the fire, sleeping in tents, exploring nature and challenging activities as well as a fun camp fire are just some of the experiences these CIT's will participate in.

Focus

- Positive behaviour management techniques
- Leadership and team building skills
- Creative programming including sports, arts and crafts, dramatic play, science, indoor and outdoor games
- Developing relationships with parents
- Organization and time management
- An introduction to first aid training and what to do in emergency situations.
- Positive communication skills

Certification

In addition youth who have successfully completed this course will receive a CPR Certificate, Healthy Development Certificate, and Counselor in Training Certificate.

Resource Manuals

CIT'S will also receive a manual that includes all course materials that can be used as a future resource.