

Summer Camp 2015
YMCA of Central East Ontario
Balsillie Family Branch - Peterborough
www.ymcaofceo.ca



Welcome to Summer Camp, 2015

Welcome to YMCA Day Camp, we look forward to having your child spend time with us this summer.

We create opportunities where children feel a sense of belonging, where lifelong friendships are made and where no one is left out. All of this under the leadership and supervision of a committed team of positive role models who want to make a difference in the life of your child.

We want to assist every child in reaching their full potential. Our program is values based, we incorporate our YMCA Core Values of Caring, Honesty, Respect, Responsibility and Inclusiveness into all aspects of our program. At the YMCA we teach children values, our day camp, as with all of our programs is the tool we use to do that.

So welcome to the Y, welcome to what we promise will be an enjoyable and safe summer experience for your child that we hope they will remember forever.

David Allen

Vice-President of Operations YMCA of Central East Ontario **Our Mission**

The YMCA of Central East Ontario is a charity dedicated to strengthening the foundations of community.

Our Core Values

YMCA Core Values guide our everyday decisions and actions. We challenge everyone involved with us to accept and demonstrate positive values. Our Core Values are Caring, Honesty, Respect, Responsibility and Inclusiveness.

We Build Strong Kids

All of our camps provide opportunities for campers to learn and grow. Campers will learn new skills, develop greater self confidence and create memories that will last a lifetime.

We Create a Safe and Supportive Environment

We provide a healthy, safe and secure environment for all participants. We treat everyone equally, understanding the individual needs of each camper as well as the overall group.

We are Committed to Quality

The YMCA of Central East Ontario Day Camps are committed to maintaining the highest standard of quality care to ensure a fun, safe and memorable camp experience for all.

We Build Positive Relationships

At the YMCA we understand that children and youth need positive peer and adult relationships in their lives. We create a camp environment that encourages campers to develop lasting relationships with their peers. At the same time we want to develop a relationship with our camp parents. We welcome you to ask any questions and share your feedback with us.

We Promote Family Involvement

Camper families are invited to become part of the camp experience by participating in our Family Involvement Night. Family BBQ at King Edward Park Wednesday July 22, 5:00-6:30pm

In the event of inclement weather, the BBQ will be moved into the YMCA.

The YMCA Camp Staff

The YMCA recognizes the tremendous impact a positive day camp experience has on the development of a child. Our camp staff are carefully selected based on experience, leadership and the ability to work with children. Our camp staff are university, college and senior high school students who have a personal interest in ensuring that every camper's experience is one that they will cherish and remember forever. All YMCA staff hold current First Aid/CPR'C' and AED certifications as well as a clear Criminal Record Check. Our staff attend 40 hours of pre-camp training covering topics such as Healthy Child Development, Behaviour Management, Program Planning, Policies and Procedures, Camper Safety and on-site Situational Training.

Sharing Community Values with Value Beads

Our values help us distinguish right from wrong and provide a foundation for sound judgement and decision making. Values beads play an important role as a sign of character and personal acheivement. As an important form of recognition, beads at camp promote positive behaviour, and are a constant reminder of what we value as a camp community. Throughout the week, beads are awarded to children for demonstrating YMCA Core Values and achieving success

The counsellors engage with the children in an outstanding way. The camp wouldn't be what it is without

them



Summer Camp Daily Schedule

	King Edward Park	Beavermead	Lakefield Discovery &
	Super Troopers	Just Starting	Beavermead Outdoor
	Mighty Troopers		Adventure
8:00-9:00am		Arrival/ Sign-In	
9:00-9:30am		ALL CAMP Morning Circle	
	All campers come together	to welcome the camp day(camp	rules, songs, circle games)
		Group Time:	
	Review of camp values, review	w value of the day, go over daily	
	Activity Block 1	Canoeing*	Canoeing*
	Active games, group games, arts &	Tuesday & Thursdays	Mondays & Wednesdays
	crafts, outdoor/nature activities	Activity Block 1	Activity Block 1
9:30-		Active games, group games, arts &	
11:00am	Activity Block 2	crafts, outdoor/nature activities	crafts, outdoor/nature activities
	Skits, plays, movie creations, media,	Activity Block 2	Activity Block 2
	trivia, scavenger hunts, science	Skits, plays, trivia, scavenger hunts,	
	experiments, cooking	science experiments	science experiments
Noon		LUNCH	
		Sunscreen	
12:30pm		Free Choice	
		ames, climbers, colouring, sport	
	Activity Block 3:	Change	Activity Block 3:
1:00pm	Recreational Time		Recreational Time
	Sports, active games, exercise,		Sports, active games, exercise,
	camp-wide activities (Fridays)	Swimming	camp-wide activities (Fridays)
2:00pm	Change		Change
2:30-3:30pm	Swimming	Change	
	Instruction & Free Swim	2:30-3:00pm	Swimming
	(30 minutes of each)	Activity Block 3:	•
		Recreational Time	
3:30pm	Change	Sports, active games, exercise,	
	Return to Park	camp-wide activities (Fridays)	Change
	at 4:00pm	3:00-4:00pm	
4:00pm		ALL CAMP Afternoon Circle	
4.00pm	Program announcements, ind	lividual/ group beads for demor	nstration of character, SNACK
4:30-5:30pm	. 5	Sign-Out	
1		Organized activity stations	
[¢] Schedule vari	es from day to day and from group to c	group. The schedule may vary to accor	modate
Schedule van	es nom day to day and nom group to a		

Just Starting 4-6 years of age

Week	Dates	Theme	Trip	Members	Non Members
1	June 29-July 3 No Camp July 1	All ABout Me	No Trip	\$109.00	\$132.00
2	July 6-10	Under the Sea	No Trip	\$135.00	\$165.00
3	July 13-17	Science Kids	No Trip	\$135.00	\$165.00
4	July 20-24	Once Upon A Time	No Trip	\$135.00	\$165.00
5	July 27-31	In the Jungle	Peterborough Zoo	\$135.00	\$165.00
6	August 4-7 No camp August 3	The Big Wide World	No Trip	\$109.00	\$132.00
7	August 10-14	Olympics	Colour Day At Beavermead Park	\$135.00	\$165.00
8	August 17-21	Spy Kids	No Trip	\$135.00	\$165.00
9	August 24-28	Island Explorers	No Trip	\$135.00	\$165.00
10	August 31- September 4	Teddy Bear Picnic	Carnival Day at Beavermead Park	\$135.00	\$165.00



There are many adventures to be had at Just Starting Camp this summer! Just Starting campers enjoy a lower camper to staff ratio, less travel time, shorter program periods, and free play time each day. Activities include: arts and crafts, outdoor discovery, swimming, dress up, stories and so much more!

Location: Beavermead Park **Ratio:** 1 staff to 8 campers **Hours:** 8:00am - 5:00pm

Extended Hours: 7:30am - 8:00am and 5:00pm - 5:30pm (additional \$20 fee)

Swimming is offered daily (weather and flag permitting). Campers who wish to swim without a lifejacket must successfully complete a swim test. To ensure their safety, any child who does not pass the swim test must wear a lifejacket. Campers will also walk over (along the path) to Roger's Cove to swim and play on the splash pad!

"My daughter is already talking about next year at Beavermead Camp. I can't thank the talented

staffenough."

Campers are required to wear lifejackets when canoeing. Canoeing lessons start with water safety, as well as proper selection of a PFD and paddle. Campers learn basic strokes and develop their skills through fun instructional activities with our certified instructors.

Outdoor Adventure 7 to 12 years

Outdoor Adventure Camp is an action-packed experience for those campers who love being outside all day. Some of the amazing activities include: arts and crafts, sports, surprise events, special guests, camp wide field games, visits to Ecology Park, and so much more. Come and build lasting friendships, learn new skills and enjoy an unforgettable summer. Outdoor Adventure Camp is the ultimate outdoor camp!

Ratio: 1 staff to 10 campers **Location**: Beavermead Park Hours: 8:00am-5:00pm

Extended Care: 7:30-8:00am and 5:00-5:30pm (additional \$20 fee)



Week	Dates	Theme	Trip	Members	Non Members
1	June 29-July 3 No Camp July 1	Wet, Wild, Wacky Spirit Week	No Trip	\$104.00	\$128.00
2	July 6-10	Under the Sea	Cedar Park Resort	\$130.00	\$160.00
3	July 13-17	Mad Science	No Trip	\$130.00	\$160.00
4	July 20-24	Knight's Tale	No Trip	\$130.00	\$160.00
5	July 27-31 August 4-7	Animal Antics Around the	Toronto Zoo	\$130.00	\$160.00
6	No camp August 3	World	No Trip	\$104.00	\$128.00
7	August 10-14	Olympics	Colour Day At Beavermead Park	\$130.00	\$160.00
8	August 17-21	Spy Kids	No Trip	\$130.00	\$160.00
9	August 24-28	Pirates of the YMCA	No Trip	\$130.00	\$160.00
10	August 31- September 4	Summer Send Off	Carnival Day at Beavermead Park	\$130.00	\$160.00

My son enjoyed his first year of camp. He liked that there were new things everyday. He enjoyed meeting new people, he thought the staff were a lot of fun and can't wait to do it again next summer!

Swimming is offered daily (weather and flag permitting). Campers who wish to swim without a lifejacket must successfully complete a swim test. To ensure their safety, any child who does not pass the swim test must wear a lifejacket. Campers will also walk over (along the path) to Roger's Cove to swim and play on the splash pad!

Campers are required to wear lifejackets when canoeing. Canoeing lessons start with water safety, as well as proper selection of a PFD and paddle. Campers learn basic strokes and develop their skills through fun instructional activities with our certified instructors.

Discovery Camp 4 to 10 years

Campers will have the opportunity to engage in outdoor activities, while acquiring new skills and building self- confidence. Activities include: daily swimming and sand play at Lakefield Beach, sporting activities on the diamond, trail hikes, canoeing, arts and crafts, relay races, and scavenger hunts just to name a few. Discovery Camp is also filled with exciting excursions and special guests. Campers will build lasting friendships and memories that will have you coming back year after year!



Ratio: 1 staff to 10 campers

Location: Lakefield Beach and Playground (59 Hague Blvd)

Hours: 8:00am-5:00pm

Extended Care: 7:30-8:00am and 5:00-5:30pm (additional \$20 fee)

Week	Dates	Theme	Trip	Members	Non Members
1	June 29-July 3 No Camp July 1	Wet, Wild, Wacky Spirit Week	No Trip	\$104.00	\$128.00
2	July 6-10	Under the Sea	Cedar Park Resort	\$130.00	\$160.00
3	July 13-17	Mad Science	Ontario Science Centre	\$130.00	\$160.00
4	July 20-24	Knight's Tale	No Trip	\$130.00	\$160.00
5	July 27-31	Animal Antics	Toronto Zoo	\$130.00	\$160.00
6	August 4-7 No camp August 3	Around the World	No Trip	\$104.00	\$128.00
7	August 10-14	Olympics	Colour Day At Beavermead Park	\$130.00	\$160.00
8	August 17-21	Spy Kids	No Trip	\$130.00	\$160.00
9	August 24-28	Pirates of the YMCA	No Trip	\$130.00	\$160.00
10	September 4	Summer Send Off	Carnival Day at Beavermead Park	\$130.00	\$160.00

Campers are required to wear lifejackets when canoeing. Canoeing lessons start with water safety, as well as proper selection of a PFD and paddle. Campers learn basic strokes and develop their skills through fun instructional activities with our certified instructors.

Swimming is offered daily (weather and flag permitting). Campers who wish to swim without a lifejacket must successfully complete a swim test. To ensure their safety, any child who does not pass the swim test must wear a lifejacket.

Tiny Troopers 3 to 4 years

Experience day camp for the first time! The Tiny Troopers camp has been specially planned with our youngest campers in mind. We offer a safe setting with lower staff to camper ratios. This camp is a great introduction to structured programs. Campers have the opportunity to explore a variety of activies and materials. Each week also offers theme related activities, songs, circle time, stories and creative play.

Location: Multi-Purpose Room inside the YMCA

Ratio: 1 staff to 8 campers **Hours:** 8:00am-5:00pm

Extended Care Hours: 7:30am-8:00am and 5:00-5:30pm (additional \$20 fee)

Week	Dates June 29-July 3	Theme	Trip	Members	Non Members
	No Camp July 1	All About Me	No Trip	\$109.00	\$132.00
	July 6-10	Under the Sea	No Trip	\$135.00	\$165.00
	July 13-17	Science Kids	No Trip	\$135.00	\$165.00
	July 20-24	Once Upon A Time	No Trip	\$135.00	\$165.00
5	July 27-31 August 4-7	In the Jungle	Peterborough Zoo	\$135.00	\$165.00
6	No camp August 3	The Big Wide World	No Trip	\$109.00	\$132.00
	August 10-14	Olympics	No Trip	\$135.00	\$165.00
8	August 17-21	Spy Kids	No Trip	\$135.00	\$165.00
9	August 24-28	Island Explorers	No Trip Carnival Day at	\$135.00	\$165.00
10	August 31- September 4	Teddy Bear Picnic	Beavermead Park	\$135.00	\$165.00

Campers must be fully potty trained (no diapers or pull ups please). Swimming is offered Tuesday, Wednesday, and Thursday mornings. All campers must wear a lifejacket (provided by the YMCA) while in the pool.

Campers will be given the opportunity to run and

play in our attached playground.





Y Camp! Fun for kids and great counsellors too. Love the activities and variety each day. The swimming lessons are a great bonus. We will be back!



Mighty Troopers 5 to 7 years When we say Mighty you say Troopers! Mighty...Troopers! The

Mighty Troopers are back and better than ever before. Mighty Troopers has a variety of creative crafts, super sports, and great games! This outdoor camp will give campers the opportunity to attend a number of amazing trips! The Mighty Troopers will be having lots of fun in the sun at King Edward Park.

Super Troopers 8 to 12 years
They used to be Mighty...now they are Super! The Super Troopers are back in action at King Edward Park! This incredible camp will challenge campers through interactive and engaging sports, crafts special guests, trips and many other fun activities!

Week	Dates	Theme	Trip	Members	Non Members
1	June 29-July 3 No Camp July 1	Wet, Wild, Wacky Spirit Week	No Trip	\$104.00	\$128.00
2	July 6-10	Under the Sea	Cedar Park Resort	\$130.00	\$160.00
3	July 13-17	Mad Science	No Trip	\$130.00	\$160.00
4	July 20-24	Knight's Tale	No Trip	\$130.00	\$160.00
5	July 27-31	Animal Antics	Toronto Zoo	\$130.00	\$160.00
6	August 4-7 No camp August 3	World	No Trip	\$104.00	\$128.00
7	August 10-14	Olympics	Colour Day At Beavermead Park	\$130.00	\$160.00
8	August 17-21	Spy Kids	No Trip	\$130.00	\$160.00
9	August 24-28	Pirates of the YMCA	No Trip	\$130.00	\$160.00
10	August 31- September 4	Summer Send Off	Carnival Day at Beavermead Park	\$130.00	\$160.00

Mighty Troopers/ Super Troopers Sports Camp Option 6 to 10 years

playing in an inclusive and safe environment. As well, campers will

Location: King Edward Park Ratio: 1 staff to 10 campers **Hours**: 8:00am-5:00pm

Extended Care Hours: 7:30-8:00am and 5:00-5:30pm (additional \$20 fee)

Sports Camp is Offered: Week 2: July 6-10 Week 3: July 13-17 Week 4: July 20-24 Week 5: July 27-31 Week 6: August 4-7 Week 7: August 10-14 Week 8: August 17-21

Leaders in Training (L.I.T's) 13 to 16 years

The Leader in Training program gives participants the chance to further develop their leadership potential and begin to explore topics such as group development and dynamics, leadership theories, creative program planning, and child guidance. This two week session filled with presentations, guest speakers, outings and hands on experience will prepare the LIT's for their additional week of volunteering.

Date

Monday, July 6- Friday, July 17

Cost

Members \$195.00

Non Members \$233.00

Hours & Location

YMCA

8:30-4:30pm (Program Acityities run 9:00-4:00pm) Drop off 8:30-9:00am and Pick up 4:00-4:30pm



"

The LIT program really helped me feel mature, responsible, and confident!

FOCUS

Positive Behaviour Management Techniques

Leadership and Team Building Skills

Creative Programming (Sports, Arts & Crafts, Games, Dramatic Play)

Developing Relationships with Parents

Organization and Time Management

Introduction to First Aid

Training for Emergency Situations

Positive Communication Skills

PLACEMENT (Earn Your High School Volunteer Hours)

LIT's will have the opportunity to volunteer at one of our Summer Camps. Placement will be decided in cooperation with the instructor and LIT participant.

RESOURCE MANUAL

LIT's will receive a manual that includes all course material and can be used as a resouce in the future.

OVERNIGHT CAMPING

LIT's will have the ultimate overnight camping experience at Beavermead Park (weather permitting). Male and Female supervision.

Frequently Asked Questions

How Do I Register?

Registration must be done in person at the Balsillie Family Branch. All camp registrations require a minimum 25% non-refundable deposit. At time of registration payment may be made in full or the remaining balance may be paid by pre-authorized chequing, VISA, or Mastercard. Payment date options are the 1st and/or the 15th of each month with August 1st as the last payment date. All payments must be received in full as outlined in the payment schedule below. A \$20 NSF fee will apply to any payments that are returned to us.

Payment Schedule

Camp Weeks/Dates	Payment Deadline	Accepted Payment Method
Weeks 1 & 2 (June 29-July 3) (July 6-10)	June 1	
Weeks 3 & 4 (July 13-17) (July 20-24)	June 15	Visa, Mastercard,
Weeks 5 & 6 (July 27-31) (Aug. 4- 7)	July 1	or Pre-Authorized Chequeing
Weeks 7 & 8 (Aug.10-14) (Aug.17-21)	July 15	
Weeks 9 & 10 (Aug. 24-28) (Aug.31- Sept. 4)	August 1	

Please contact the Camp Supervisor at x 221 if you have any concerns with the Payment Schedule.

What if I can't Afford the Camp Fees?

With the assistance of our Strong Kids Campaign, the YMCA fulfills Our Mission by ensuring that children, regardless of their financial circumstances can enjoy a positive day camp experience. We can assist with camp fees for anyone limited by their financial situation. If you would like a camp experience but need assistance this summer, please pick up a confidential application form at the YMCA Membership Services Desk or contact the Camp Supervisor at 705-748-9642 x 221.

Refund/Cancellation/Swap Policy

Any refund/cancellation/Swap requests must be made in writing at least 14 days prior to the start of the program. Any refund or credit requests made after this time MUST be accompanied by a medical note. A 'Request for Program Cancellation' form must be completed. The 25% deposit made at the time of registration is non-refundable and applies to ANY camp refund (including those with a medical note). Refunds are not granted if a parent/guardian withdraws a camper early from the session. Refunds are not granted if a camper is sent home for misconduct.

Frequently Asked Questions Continued...

How Do We Sign In and Out?

The ensure the safety and well-being of each camper, we require all campers to be signed in and out everyday by a parent or guardian 18 years or older. Please inform the sign in staff daily if there are any custody issues or extenuating circumstances we should be aware of. The sign in guardian will indicate who will be picking up the camper that day. The camper will be released to any person listed on the registration form under 'Who is Authorized to pick up the camper'. Be prepared to present **Photo Identification** when picking up campers. In the event that a change must be made, we ask the parent or guardian to contact the Camp Supervisor by phone 705-748-9622 ext.221.

What If My Child Requires Medication?

The Camp Coordinator will administer all medication. Parents are required to fill out and sign a 'Consent to Administer Medication' form, outlining the dosage and times of distribution. Medication must be sent to camp in the original bottle, clearly labeled with the camper's name, date, name of medication, and instructions for storage and administration. If the medication is for emergency use (i.e. Epipen or Inhaler) the counselor will carry it in their emergency pack.

What Is Your Behaviour Policy?

It is our goal to provide a healthy, safe and secure environment for all participants. Camp staff use a positive, value-based approach to guide appropriate behaviour and seek to reward and reinforce positive behaviour. Campers are expected to follow our behaviour guidelines and to interact appropriately with their fellow campers.

Behaviour Guidelines:

- *All campers are responsible for their actions
- *All campers will respect each other and the environment
- *All campers will be honest and true to their word
- *All campers will care for themselves and those around them
- *All campers will make healthy and safe choices

You will find more frequently asked questions and information in the Parent-Guardian Handbook. Pick up your copy at the Membership Services Desk!

Keep up to date on the weekly happenings at camp by checking our CAMP BLOG! Here's the link...

http://ymcaofceobalsillie.weebly.com/

4 Day Camp Registration Form

Please Print (one per camper)

Date of Birth				Home #
				City
Address				Health Card #
Custody	Mother	☐ Fati	her 🗖 Fathe	er 🗖 Both 🗖 Guardian
Parent/Guardi				Parent/Guardian Two
Name				Name
Home#				Home #
Work# Cell#				Work#
				Cell #
Email				Email
Alternative Emer	genc	y Co	ontact	Who is authorized to pick up the camper? (only the names listed will be eligible for pick up
Name	<i>)</i>	<u> </u>		camper! (only the names listed will be eligible for pick up
Address				
City				
Home #				
Work #				
completed and staff need to b			,	
Please indicate if the campe	r experie	nce or l	had experienc	ed any of the following:
Condition	Yes	No	Details	
Condition Seizures	Yes	No	Details	
	Yes	No	Details	
Seizures	Yes	No	Details	
Seizures ADHD/ADD	Yes	No	Details	
Seizures ADHD/ADD Asthma	Yes	No	Details	
Seizures ADHD/ADD Asthma Diabetes	Yes	No	Details	
Seizures ADHD/ADD Asthma Diabetes Allergies	Yes	No	Details	
Seizures ADHD/ADD Asthma Diabetes Allergies Aspergers/Autism	Yes	No	Details	
Seizures ADHD/ADD Asthma Diabetes Allergies Aspergers/Autism Physical Limitations	Yes	No	Details	
Seizures ADHD/ADD Asthma Diabetes Allergies Aspergers/Autism Physical Limitations Dietary Restrictions Other Conditions Authorizations: In the unlikely event to a seek a	hat the part	icipant na	amed above is injud all hospitalization	red or becomes seriously ill while at the YMCA, and I cannot be reached, is, medical, dental and/or surgical treatment deemed advisable by the ams, it is agreed that the YMCA and its staff and volunteers are released from all ersonal property.
Seizures ADHD/ADD Asthma Diabetes Allergies Aspergers/Autism Physical Limitations Dietary Restrictions Other Conditions Authorizations: In the unlikely event to authorize YMCA senior staff to seek a circumstances. While every reasonabliability for injury to the above names	hat the part and authoriz le precautio participants	icipant na e any and n is taken s or for lo: graphs/v	amed above is injud all hospitalization with YMCA prograss or damage to pe	ns, medical, dental and/or surgical treatment deemed advisable by the ams, it is agreed that t <u>he YMCA and</u> its staff and volunteers are released from all

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Signature of Parent/Guardian_

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Week	Dates	Camp Code	М	Т	W	Т	F	Extended Care	Total Amount
1	June 29-July 3								
2	July 6-10								
3	July 13-17								
4	July 20-24								
5	5 July 27-31								
6	August 4-7								
7	August 10-14								
8	August 17-21								
9	August 24-28								
10	Aug. 31- Sept. 4								
YMCA STRONG Please add a donation to the YMCA Strong Kids Campaign Total Amount: \$							\$		
Paym 25 % MCA	· ·	ent can be made in full by Visa, MasterC leposit. Balance owing may be paid by					ng, Vi	sa or Master	Card arranged by the
Visa	MasterCa								
	d Trip Pe	rmission for my child to attend all scheduled fi	eld tri	ps wi	th the	YMC	A Sur	mmer Day Ca	amps.
Signatu	ire of Parent/Guar	dian					_ D	ate	
Refi	und/Car	cellation/Swap Pol	icy	adva	co cf tl	0.505	ion sta	out date. The fi	num is located at the
lembers	hip Services desk. A	or swaps must be made in writing at least 14 d ny refund swap or credit request made after t on is non-refundable and applies to any camp	his tim	e MUS	T be a	comp	anied l	by a medical n	
rithdraws	•	final decision as to who qualifies for refunds. Rent the session. The YMCA reserves the right to wi			_				
have re	ead and understar	nd the Refund, Swap and Cancellation F	Policy						

Date

All About ME!

If you would like us to know more about your child please take the time to fill out an 'ALL ABOUT ME' form. This form will provide specific information that will help us create a positive camp experience for you and your child. The information on the 'ALL ABOUT ME' form will be kept confidential. The Camp Supervisor, Camp Coordinator and Camp Counselor (caring for your child) are the only people who will have access to this information.

Hello, my name is:	I am registered for:	
A few of my favourite things (Hobbies, interests, toy etc.):		
Things I don't like to do:		
The best way to communicate with me is:		
I have trouble with:		
I get upset when:		
How to tell that I'm upset:		
Behaviour management techniques that work for me:		
I like it when you:		
Recent changes in my life:		
Additional Information:		

Can't Wait to See You at Camp!

YMCA of Central

East Ontario www.ymcaofceo.ca

Balsillie Family Branch- Peterborough

123 Aylmer St. South, Peterborough K9J 3H8 (705)748-9622

Belleville Branch

433 Victoria Ave, Belleville K8N 2G1 (613) 966-9622

City of Quinte West Branch

50 Monogram Place, Trenton K8V 5P8 (613) 394-9622

Core Values

YMCA Core Values guide our everyday decisions and actions. We challenge everyone involved with us to accept and demonstrate positive values. Our Core Values are Caring, Honestly, Respect, Responsibility and Inclusiveness.

Hours of Operation

Effective June 27th, 2015 Monday to Friday 5:30am to 10:30pm Saturday and Sunday 7:00am to 4:30pm Holiday Hours: 7:00am to 4:30pm

Dates include: July 1, August 3, September 7.

Note: Program areas close 15 minutes before building

Member Etiquette
The YMCA is a shared experience for everyone to enjoy. Each of us can make it better for all by being considerate of others. YMCA members, volunteers and staff all pledge to treat one another with respect and dignity and to use our facility in a responsible manner.

YMCA Mission

The YMCA of Central East Ontario is a charity dedicated to strengthening the foundations of community.

